



IRELAND

2024 RETREAT ITINERARY

AUGUST 1 - 9, 2024

9 DAYS / 8 NIGHTS



A CELTIC JOURNEY SHAMANIC RETREAT

Facilitator: Shannon Davis, Apu Mamma-Ku





THE CHACANA CENTER
2024 IRELAND RETREAT ITINERARY
AUGUST 1 - 9, 2024

A Celtic Journey in Ireland

Ireland Package includes:

Airport pick up/drop off and private transportation during the tour.

Itinerary

Day 1 (August 1, 2024) :

- Arrive at Dublin Airport and transfer to your hotel.
- After settling in, take the opportunity to explore Dublin's bustling city center. Visit iconic landmarks like Trinity College or take a leisurely stroll along the River Liffey.
- In the evening, gather for the opening ceremony at the hotel, setting the intention for the spiritual journey ahead.
- Stay overnight in Dublin.



River Liffey, Dublin



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Itinerary

Day 2 (August 2, 2024)

Dublin Sightseeing and Spiritual Exploration:

- Start your day with a hearty Irish breakfast at your hotel.
- Embark on a guided tour of Dublin's cultural and historical attractions, including Dublin Castle and Kilmainham Gaol.
- Explore the spiritual significance of St. Michan's Church crypts or indulge in shopping on Grafton Street.
- Engage in ceremonial practices at each site visited, connecting with the energies and indigenous meanings.
- Stay overnight in Dublin.





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Itinerary

Day 3 (August 3, 2024)

Travel to Belfast:

- Depart Dublin after breakfast for Belfast, with a stop at Monasterboice to admire the ancient high crosses and round tower.
- Arrive in Belfast and settle into your hotel. Castle tour in Belfast & tomb/ruin?
- Engage in ceremonial practices at each site visited, connecting with the energies and indigenous meanings.
- In the evening, join for a spiritual ceremony, tapping into the energies of the Northern lands.
- Stay overnight in Belfast.



Day 4 (August 4, 2024)

Free Day in Belfast:



- Today is yours to explore Belfast at your own pace. You can spend the day shopping for souvenirs at Victoria Square, exploring the botanical wonders of the Belfast Botanic Gardens, or wandering through the picturesque streets of the Cathedral Quarter.
- For those interested in history, you may visit the Ulster Museum or take a walking tour of Belfast's murals to learn about the city's political past.
- Alternatively, you can simply relax and soak in the atmosphere of this vibrant city.
- Stay overnight in Belfast.





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Day 5 (August 5, 2024)

Day Trip to Giant's Causeway and Carrick-a-Rede Rope Bridge:

- After breakfast, depart Belfast for a day trip to the mystical Giant's Causeway, a UNESCO World Heritage Site known for its unique basalt columns.
- En route, stop at Dunseverick Castle to connect with the land's ancient energies.
- Explore the otherworldly landscape of the Giant's Causeway and brave the Carrick-a-Rede Rope Bridge for stunning views. Engage in ceremonial practices at each site visited, connecting with the energies and indigenous meanings.
- Return to Belfast in the evening and relax at your hotel.
- Stay overnight in Belfast.

Day 6 (August 6, 2024)

Travel to Dublin:



- After breakfast, depart Belfast for Dublin.
- Along the way, visit the ancient Hill of Tara, the legendary seat of the High Kings of Ireland, and the nearby ruins of Trim Castle, one of the largest Norman castles in Ireland. Engage in ceremonial practices at each site visited, connecting with the energies and indigenous meanings.
- Arrive in Dublin in the afternoon and check into your hotel.
- Enjoy the evening at leisure, perhaps dining at a cozy pub or exploring the mystical atmosphere of the Hellfire Club ruins on Montpelier Hill.
- Stay overnight in Dublin.



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Day 7 (August 7, 2024)

Visit to Newgrange and Spiritual Exploration:

- After breakfast, embark on a journey to Newgrange, a prehistoric monument located in County Meath, Ireland.
- Explore the ancient circular mound, stone passageway, and chambers inside, dating back to around 3200 BC.
- Experience the mystical atmosphere of Newgrange and its strong spiritual significance, associated with ancient Celtic rituals and beliefs.
- Conduct ceremonial practices at Newgrange, tapping into its mystical energy and connecting with the ancient spirits.
- Return to Dublin in the late evening and stay overnight.



Day 8 (August 8, 2024)

Dublin FREE DAY and Closing Ceremony:

- Today is your final day to explore Dublin and indulge in some fun activities.
- Start with a leisurely breakfast at your hotel.
- Spend the day as you please, whether it's shopping for souvenirs, visiting haunted sites like the Hellfire Club or the Dublin Castle Crypts, or simply relaxing in one of Dublin's many parks.
- In the evening, gather for a closing spiritual ceremony, reflecting on the journey and giving thanks to the spirits.
- Stay overnight in Dublin.





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Itinerary

Day 9 (August 9, 2024)

Departure:

- Enjoy one last Irish breakfast at your hotel before checking out.
- Transfer to Dublin Airport for your departure flight, filled with memories of your enchanting journey through Ireland's mystical landscapes and spiritual exploration

Throughout your retreat, transportation will be provided at the appropriate times to ensure your comfort and convenience.

May your journey be filled with enlightenment, inner peace, and profound spiritual growth.



Not Included in the package:

- International flight
- Tips are optional

Retreat Prices are for double occupancy.

Retreat Payment Plan:

* Half of the retreat payment must be received by **Tuesday, April 23, 2024.**

*Final payment must be received 30 days before retreat starts, by **Tuesday, July 2, 2024.**

***The retreat payment plans and all retreat ticket purchases include a nonrefundable deposit of \$500 and will incur a 40% administrative fee upon cancellation.**