



Egypt

2024 RETREAT ITINERARY

SEPTEMBER 8 -17, 2024

10 DAYS / 9 NIGHTS



EGYPTIAN GOLDEN LIGHT SHAMANIC RETREAT

Facilitator: Shannon Davis, Apu Mamma-Ku





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Egypt Package includes:

Cairo – Aswan - Luxor -Hurghada & 5 Star Nile Cruise September (10 Days/ 9 Nights)

- 4 Nights in Cairo
- 3 Nights on 5* Nile Cruise
- 2 Nights in 5* Hotel in Hurghada
- Entrance to all the sights
- Special Ceremonies and Journeys in the portals of Egypt
- The Bands of Power Class at the Chacana Center
- 9 breakfasts, 5 lunches, 5 dinners
- ALL DOMESTIC FLIGHTS IN EGYPT



Itinerary

Day 1: Arrival in Cairo

- Arrive in Cairo and settle into your hotel
- Take the day to rest, rejuvenate, and prepare for the transformative journey ahead.





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Itinerary

Day 2: Exploring Ancient Wonders

- After breakfast, embark on a camel ride excursion to the Pyramids of Giza, including the Great Pyramid of Khufu, the Pyramid of Khafre, and the Pyramid of Menkaure.
- Visit the enigmatic Sphinx and explore its mysteries.
- Experience the energy of the ancient artifacts at the Egyptian Museum.
- Return to the retreat hotel for reflection and integration.



Day 3: Embarking on a Nile Cruise

- Begin your spiritual journey on a luxury Nile cruise, departing from Cairo
- Set intentions for your spiritual growth during a welcoming ceremony onboard.
- Relax and enjoy the comforts of the cruise ship as you travel towards your first destination.





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Itinerary

Day 4: Karnak Temple and Luxor

- Explore the awe-inspiring Karnak Temple, dedicated to the god Amun, and immerse yourself in its spiritual energy.
- Engage in guided meditations and rituals within the temple's sacred grounds.
- Continue to Luxor Temple, dedicated to Amun-Ra, and experience its mystical ambiance.



Day 5: Valley of the Kings

- Journey to the renowned Valley of the Kings, a sacred burial ground for pharaohs.
- Explore the intricate tombs, including the famous tomb of Tutankhamun, and contemplate the cycle of life and death.
- Connect with the ancient wisdom and spirituality of this sacred site.





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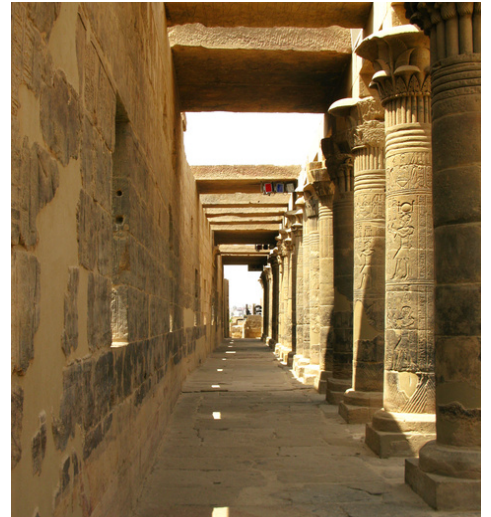
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Itinerary

Day 6: Aswan and Philae Temple

- Arrive in Aswan and visit the serene Philae Temple, dedicated to the goddess Isis.
- Connect with the divine feminine energy and participate in a sacred ceremony honoring Isis.



Day 7: Kom Ombo and Edfu

- Visit the unique Kom Ombo Temple, dedicated to the crocodile god Sobek and the falcon god Horus.
- Reflect on the balance of opposites represented in the temple's dual design.
- Continue to Edfu Temple, dedicated to the god Horus, and experience its spiritual resonance.





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Day 8: Arrival in Hurghada



- Disembark from the Nile cruise and travel by comfortable van to Hurghada, a coastal paradise on the Red Sea.
- Check into the luxurious Resort and enjoy the serene surroundings.
- Spend the rest of the day relaxing, integrating your experiences, and connecting with nature.

Day 9: Relaxation and Integration

- Indulge in spa treatments, beachside yoga sessions, and strolls along the Red Sea shoreline.
- Reflect on the profound experiences of your spiritual journey and set intentions for continued growth and transformation.
- Enjoy the tranquility and beauty of Hurghada as you integrate your spiritual insights.



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Itinerary

Day 10: Conclusion and Departure

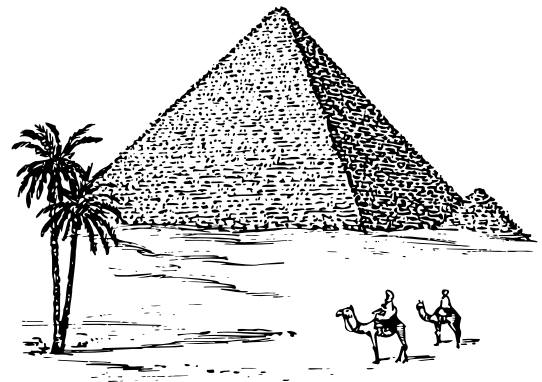
- Conclude your spiritual retreat with a closing ceremony, expressing gratitude for the blessings received and the connections made.
- Depart from Hurghada with a renewed sense of inner peace, enlightenment, and divine blessings.

During your retreat, transportation will be provided at appropriate times to ensure comfort and convenience.

May your journey be filled with enlightenment, inner peace, and profound spiritual growth.

Not Included in the package:

- International flight
- Meals not stated in the above itinerary
- Tips are optional



Retreat Prices are for double occupancy.

Retreat Payment Plan:

* Half of the retreat payment must be received by Friday, May 31, 2024.

*Final payment must be received 30 days before retreat starts, by Friday, August 9, 2024.

*The retreat payment plans and all retreat ticket purchases include a nonrefundable deposit of \$500 and will incur a 40% administrative fee upon cancellation.